

Lecture Theatre 2, 38 Malcolm Road, Singapore 308274. Contribution: Love Offering. Register at: <https://catholicfamily.org.sg/unpacking-the-deepest-desire-of-our-hearts/>

**ONE DAY** - 23 Feb '19, from 10.00am-12.30pm at St Michael's Room, Catholic Archdiocesan Education Centre, 2 Highland Road, S(549102) Be part of the New Evangelisation! The Office for the New Evangelisation (ONE) is seeking for Collaborators who are fired up to build the Kingdom of God. Collaborators will use their unique gifts to share in the work of ONE. ONE Day serves to introduce the work of ONE to potential volunteers and to explore opportunities on how YOU can contribute to the work of the New Evangelisation in Singapore. To register and attend ONE Day, visit: [www.one.org.sg/events](http://www.one.org.sg/events)

**COME ALIVE: A WEEKEND RETREAT** - 2ND RUN Pray with the songs from the movie, "The Greatest Showman". Discover who you are and

discern God's dream for you. Where are you fully alive, and what keeps you from being fully alive? Presented at Montfort Centre. 8 - 10 Mar. Contribution: \$345(Single), \$270(Twin). Details / Registration: [anthonyatmontfort@gmail.com](mailto:anthonyatmontfort@gmail.com) or 96311943.

**PIETA** is a support group for bereaved parents who seek God's comfort, wisdom and hope through prayer and reflection on the WORD OF GOD. Our next monthly session (every 4th Tuesday of the month) is on Tue 22 Jan '19, 7:30pm at Agape Village, Toa Payoh Lorong 8. Contact us via email: [pieta.singapore@gmail.com](mailto:pieta.singapore@gmail.com) or facebook: <https://facebook.com/PietaSingapore>

**MY JOURNEY**, An Evening with Kelvin Sng (local filmmaker). 7.00pm-9.00pm light dinner provided talk begins at 7.30pm, 31 Jan '19 at The Cana, 55 Waterloo Street, 3rd Level, Singapore 187954 Cost: Free of charge (love offering is welcome). To register: please email [admin@cbn.sg](mailto:admin@cbn.sg) or call 6801 7491/9858 4782 (By registration only)

**SPP Columbarium** - To all the niche applicants & other persons concerned. The Parish Building will be closed to the public from **14 Jan '19** onwards for extensive renovation works which will include the columbarium. For the safety of the public, the columbarium will be closed, except for the following periods when it will be accessible for visits: **(1) Lunar New Year period: 03 - 10 Feb '19 (2) Qing Ming Festival period: 30 Mar - 07 Apr '19 (3) All Souls' Day period: 27 Oct - 10 Nov '19. Visiting Hours: 9.00am to 5.00pm.** Subsequent niche blessings and interment of urns will take place on Saturdays (1.00pm to 3.00pm), on appointment basis only. For your safety, a maximum of 2 family members will be allowed to witness the niche blessing and interment (with the priest and the niche contractor), and will be required to put on personal protection gears when they enter the columbarium.

**Sunset Mass** : 5.30pm  
**Rosary** : 4.30pm (Saturday)  
**Sunday Masses** : 8.30am (Mandarin), 11.00am (English), 2.00pm (Cantonese), 4.00pm (English)  
**Weekday Masses** : 7.20am and 5.30pm  
**Intercensory Prayer** : 7.15pm (English, Thursday)  
**Infant Jesus Devotion** : 5.30pm (Thursday, followed by Mass)  
**Divine Mercy Devotion** : 12.30pm (Sunday Mandarin)  
**Sion Adorers - Holy Hour** : 7.45pm - 8.45pm (Saturday)  
**Hour of Mercy** : 3.00pm daily  
**Secretariat's Operating Hours** : Mon - Fri: 9.30am - 9.30pm, Sat: 9.30am - 5.30pm, Sun: 9.30am - 5.00pm; Lunch hours: 1.00pm - 2.00pm. Closed on Public Holidays.  
**Columbarium Opening Hours** : Mon - Sun: 7.00am - 7.00pm.

**SACRAMENT OF RECONCILIATION** - The Sacrament of Reconciliation will be administered from 5.00pm - 5.20pm on weekdays and Saturday at the confessionals at the baptistery (back of the church). On Sunday, it will be available 30 minutes before each mass.

**Parish Priest:** Rev Fr EDWARD LIM, OCD, **Asst Parish Priest:** Rev Fr THOMAS LIM OCD, **Priests in Residence:** Rev Fr TOM CURRAN, OCD **Parish Secretariat:** Jannie Lui, Teresa Wong Sok Mun, **Liturgical Co-ordinator:** Alex Wong, [alexdominic@gmail.com](mailto:alexdominic@gmail.com)

**Church Donations - Please make your cheque payable to:**

**(i) Church of Sts Peter & Paul** - for contributions/donations for general maintenance of our Church and Mass offerings; **(ii) Carmelite Friars (S) Ltd** - for contributions/donations to the Friars Formation and Community; **(iii) Soc of St Vincent de Paul (Conf St Peter)** - for donations to the Society of St Vincent de Paul for the poor and needy.

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church of saints peter & paul



**READINGS:** Sunday Missal (Year C) Pg 908

**RESPONSORIAL PSALM:** Proclaim the wonders of the Lord among all the peoples.

**READINGS FOR THE WEEK:** MON 21 January 2019 - SAT 26 January 2019

**MON:** HEB 5:1-10, MK 2:18-22 **TUE:** HEB 6:10-20, MK 2:23-28 **WED:** HEB 7:1-3, 15-17, MK 3:1-6 **THU:** HEB 7:2 - 8:6, MK 3:7-12 **FRI:** ACTS 22:3-16, MK 16:15-18 **SAT:** 2 TM 1:1-8316, MK 3:20-21

On the Second Sunday of Ordinary Time, a beautiful reading from Isaiah promises vindication which will "shine forth like the dawn." In the First Letter to the Corinthians, we are reassured that each of us has different gifts of the Spirit. "There are different workings but the same God who produces all of them in everyone." The Wedding Feast of Cana is the centerpiece of John's Gospel. His mother told the servants to follow his orders and Jesus performed his first public miracle "and so revealed his glory."

Monday is the Memorial of Saint Agnes, Virgin and Martyr. Thursday is the Memorial of Saint Francis de Sales, Bishop and Doctor of the Church. Friday is the Feast of the Conversion of Saint Paul, Apostle. Saturday is the Memorial of Saints Timothy and Titus, bishops.

The first reading this week continues with the Letter to the Hebrews. Written to inspire and encourage the community in its faith, he exhorts them "not become sluggish, but imitators of those who, through faith and patience, are inheriting the promises."

As we continue Mark's Gospel on the weekdays, Jesus is asked why his disciples don't fast. He challenges the religious leaders to have a completely open mind and heart to his teaching because "new wine is poured into fresh wineskins." Jesus is the Lord of the Sabbath, bringing a new freedom. It is only chapter 3 in the gospel, but we already see the tension with religious leaders building. Because Jesus heals a withered hand on the Sabbath, the

Pharisees seek to kill him. Jesus withdraws and people from the surrounding regions come to him, and even the demons know who he is. Jesus names twelve Apostles to be with him, to preach and to drive out demons. Jesus' relatives think he's "out of his mind" because so many people are coming to him that he can't even eat.

The Third Sunday in Ordinary Time begins to take us through Luke's Gospel. We will follow it each week until February when Lent begins and pick it up again after the Easter season when Ordinary Time returns. It introduces Jesus as returning to Galilee "in the power of the Spirit" where he goes to the synagogue and teaches from Isaiah: "The Spirit of the Lord is upon me, because he has anointed me to bring glad tidings to the poor." He ends with the stunning words "Today this Scripture passage is fulfilled in your hearing."

#### Daily Prayer This Week

Ordinary Time is the longest Season of the Church year. Week after week, we are following the scriptures, and learning from them. It is important to focus our desires early in the day and talk with the Lord throughout the day, in the background of our busy lives. This is how we become "Contemplatives in Action" and find intimacy with God without leaving the context of the real circumstances of our lives.

Sometimes we protest: "I don't have time to pray." But if we change our focus to the moments we have free, we find ourselves surprised at the time we really do have. There are dozens of times in all

Information is correct at time of publication.

of our days during which our minds are occupied with something: a song, re-playing the last event, practicing a conversation with someone, having an imaginary argument with someone, thinking through the “to do” list of the day. We can learn to fill these times with whatever we choose. If we choose to let it be about our relationship with our Lord, it transforms our lives.

It all begins with our mornings. This week, when we first get up and perhaps for a few moments while bathing or getting dressed, let’s tell the Lord that our desire today is to be more conscious that everything we do this day, is in response to his call to be a disciple. Then, in those moments while driving or shopping or walking down the hall to a meeting, we can talk with God about how we are living our call in this or that activity we are engaged in. That conversation may get more detailed and specific depending on the event.

Each evening, for even a few moments, we can review our day’s momentary conversations, recognising the moments of real connection and grace and giving thanks for them, and resolving to take even greater advantage of these opportunities the next day.

*Dear Lord, at times, my heart is quite sluggish. Give me hope today. Lift my spirits and give me perspective. When I find myself stiff and inflexible, make me into a new wineskin to receive the alive, new wine with which you wish to fill me. And let me be open to your call to discipleship today. What are the opportunities to preach your Word today? Where can I drive out demons, rather than sit with their discouragement and division? Please fill my home, my workplace, my heart with your Spirit, that I might join you in bringing good news for the poor*

Taken from the “Weekly Guide for Daily Prayer” on the Creighton University’s Online Ministries web site: <http://www.creighton.edu/CollaborativeMinistry/online.html>. Used with permission.

### Praying As We Age (Part 1 of 2)

Prayer is essentially about nurturing our relationship with God. We can have a relationship with each of the persons of the Trinity – Father, Son and Holy Spirit. We can also have a relationship with the saints. As we grow older, all of our relationships in life tend to change. And, experience has shown that our relationship with God goes through some changes as we age. What are those changes and how can we prepare

for them and experience them with grace?

### *Change happens the longer a relationship lasts*

We all know that relationships have a flow. There are ups and downs. There are times of greater or less intimacy. We spend lots of time together and then we can get very busy and spend less time. Communication changes as we grow in comfort and grow in the skills necessary to reveal ourselves to another and to express our feelings more deeply. Sometimes, there are great ruptures in a relationship, with perhaps a period of distance, followed by reconciliation and a renewed connection. Good, healthy, loving, self-sacrificing relationships grow in lover more deeply as the years go by. Signs of affection can become simpler and more bonding. There has been a strong growth in a sense of “us-together” which is beyond “me and you.” In long-lasting relationships, there can be a growing comfort, just being in each other’s presence.

### *Our relationship with God has these same patterns*

Fundamentally our relationship with God is a gift. We don’t create it, earn it or maintain it on our own. However, our relationship with God has many of these same elements. To the degree that we continue to nurture in that relationship, with personal interaction – moving beyond formal prayers, written by others – we can grow in intimacy with God. Formal prayers, as well as devotions, rituals and liturgy, are key ways to nurture a prayer life, for us as individuals and as a community. However, Pope Francis makes an important distinction between “saying prayers” and praying. He encourages us to develop a relationship which is personal and has elements of affection and genuine interaction. It is this kind of praying intimacy which takes on the elements of relationship, as we know it.

### *Aging can have blessings and challenges for us, as we age*

It has been said that the great advantage of getting older is that we have learned from the mistakes we’ve made before. So often, one of the great blessings of the maturity of years is that we grow in experience and wisdom. Maturity comes with growing freedom, after the journey of youth. We can become more secure and settled. We have often faced some of the biggest hurdles of our life. We’ve likely experienced a number of losses and hurts and found ways to integrate those losses and hurts into our faith life. We’ve probably moved

beyond being angry at God for not doing what we’ve wanted God to do and more grateful for God’s faithful presence with us, especially during the most difficult times. Aging can be wonderful when it involves maturing, especially maturing in our ability to relate with others with balance and generosity, and our ability to relate with God with a maturing faith.

Of course, aging can also be very challenging. While aging can bring maturity, wisdom and an inner peace, it can involve diminishment and illness. Though we gain from the experiences of our past, there is a natural wearing down of our bodies, as we age, even when we keep ourselves in good physical shape. We experience that we just don’t have the agility, the energy, the facility with reacting that we used to have. That experience is often progressive. We feel it more and more in our 50’s, our 60’s, our 70’s, our 80’s and our 90’s. And, as we age, various health problems can develop – chronic and critical ones. They can

### PARISH NEWS

**MASS TIMINGS for Lunar New Year** 5 Feb - 8.30am (M); 10.00am (E) **Ash Wednesday** 6 Mar - 7.20am (E); 12.15pm (M); 5.30pm (E)

**MASS WITH ANOINTING OF THE SICK** - 10 Feb 19 (Sun) at 4.00pm. English Mass. Kindly note the following Canonical Conditions for Anointing: 1) The anointing of the sick can be administered to a member of the faithful who, having reached the use of reason, begins to be in danger due to sickness or old age. 2) This sacrament can be repeated if the sick person, having recovered, again becomes gravely ill or if the condition becomes more grave during the same illness. For the sick who satisfy the Canonical Conditions and wish to receive the Anointing, please approach the Parish Secretary’s Office to furnish the details. Deadline: 3 Feb ‘19 (Sun)

### NEWS AROUND THE PARISH

**AT HOME RETREAT - (2 choices)** Journey from Ashes to Easter - a 10-week programme based on the Spiritual Exercises of St. Ignatius of Loyola to know Jesus more intimately in the midst of life’s daily routine. It is a school of prayer and a Lenten preparation for Easter. Includes weekly meeting of faith sharing, daily prayer with Scripture and one spiritual direction by Cenacle Sisters & Team. **MORNINGS:** 26 Feb – 30 Apr (Tues), 9.30am - 11.30am at LaSalle Centre - St. Patrick School - 490 East Coast Road **OR EVENINGS:** 26 Feb - 30 Apr (Tue), 7.30pm - 9.30pm at Cana - the Catholic

further diminish us, at least lessen our experience of resilience.

### *Sometimes the diminishment of aging can affect our spirits*

With the process of losing our abilities, can come a growing impatience. We might have fewer and fewer friends. We might become crabby and judgmental about the changes going on around us. Sometimes we can tend to be more “set” in our ways, even stubborn. Any way we might lose our independence can have a terrible impact on our spirits. We might experience that others are impatient with us. Of course, there are a number of ways to avoid some of these effects on our spirits, but it is undeniable that these struggles are a part of aging.

*(to be continued.....)*

Source: <http://onlineministries.creighton.edu/CollaborativeMinistry/OrdinaryTime/Praying-As-We-Age.html>

Centre, 55 Waterloo St. Contribution: \$250.00.

**ACF** - To help Catholics understand the complexity of the issues related to divorce, separation and annulment, the Archdiocesan Commission for the Family is collaborating with the Archdiocesan Tribunal to organise a Symposium on Divorce, Separation and Annulment: 16 Feb ‘19 (Sat), 9.00am - 1.00pm (includes 1 tea break) at St Peter’s Auditorium, Catholic Archdiocesan Education Centre (2 Highland Road, Singapore 549102) Speaker: Fr Terence Pereira. Contribution: Love Offering. Register at: <https://catholicfamily.org.sg/dsa>

The Archdiocesan Commission for the Family (**ACF**) is collaboration with the Catholic Theological Institute of Singapore (CTIS) to offer a Formation Programme in Marriage and Family. Open to all in the Marriage and Family apostolate and those who are interested. Beginning 1 Mar ‘19 (Refer to website), 7.45pm - 10.00pm at Catholic Theological Institute of Singapore, 618 Upper Bukit Timah Road. Contribution: \$30 per person per module (for Family Ministry members), \$60 per person per module (for others). Register at: <https://catholicfamily.org.sg/come-be-my-light-acf-ctis-formation/>

**ACF** - Come learn and understand the Church’s teaching on Human Sexuality as written by St John Paul II in his document Theology of the Body. Listen as Fr David Garcia, OP, Mr Andrew Kong and Dr Douglas Ong share more about this hot topic. For married couples and singles (above 20). 2 Mar ‘19 (Sat), 9.00am - 3.00pm at St Joseph’s Institution